

Beginning with "L" in the blue square follow a continuous trail to find the Names of the towns listed below. The last letter in each town is the first letter of the next town on the trail.

The trail passes through each and every letter once and may twist up, down or sideways but NEVER diagonally.

U	T	H	B	Y	R	U	B	N	A	D	G	A	N	A
O	H	S	Y	D	C	H	A	T	F	L	E	X	M	W
S	E	A	E	E	U	A	W	O	I	E	T	U	O	S
G	N	D	S	L	O	R	W	L	R	A	H	C	L	E
N	I	O	N	A	Z	C	I	A	B	B	O	C	O	B
S	T	B	K	R	I	K	O	N	L	O	T	E	U	T
A	H	Y	O	N	E	W	T	O	D	N	O	N	R	S
U	T	A	T	A	U	Q	W	N	E	P	L	L	E	A
O	M	R	G	Y	E	A	E	N	W	U	D	D	E	D
E	R	I	N	O	W	R	O	O	C	A	S	T	L	I
V	P	M	E	R	S	G	C	T	R	A	B	U	B	N
I	O	O	L	K	I	N	H	D	A	L	M	R	G	H
L	O	A	H	G	S	E	I	D	L	E	U	D	L	U
P	O	R	O	U	C	A	R	U	E	N	F	I	E	D
E	L	T	R	O	B	R	F	M	I	F	S	R	E	D

ASHBY DE LA ZOUCH
DANBURY
DUMBARTON
DUMFRIES
EASTBOURNE
ECCLES
EDINBURGH
ENFIELD
EXMOUTH
HARLOW
HARTLEPOOL
HASTINGS
HATFIELD
HUDDERSFIELD
KINGSWEAR
KIRKBY
LEMINGTON
LIVERPOOL
LONDON
NEWCASTLE
NEWQUAY
NEWTON ABBOT
ROCHDALE
SCARBOROUGH
SOUTHEND ON SEA
SWANAGE
TOLPUDDLE
WARWICK
YARMOUTH
YORK

LONDON
NEWCASTLE
EDINBURGH
HUDDERSFIELD
DUMFRIES
SCARBOROUGH
HARTLEPOOL
LIVERPOOL
LEMINGTON
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TOLPUDDLE
EASTBOURNE
ECCLES
SWANAGE
EXMOUTH
HARLOW
WARWICK
KIRKBY
YARMOUTH
HASTINGS
SOUTHEND ON SEA
ASHBY DE LA ZOUCH
HATFIELD
DANBURY

Clue! Take care at the FIELD

And the answers to June's puzzle:

CITY	COUNTRY	CITY	COUNTRY
CANBERRA	Australia	MADRID	Spain
HAVANA	Cuba	EDINBURGH	Scotland
REYKJAVIK	Iceland	TOKYO	Japan
KAMPALA	Uganda	BAGHDAD	Iraq
ATHENS	Greece	PARIS	France
HELSINKI	Finland	MOSCOW	Russia
LONDON	England	ROME	Italy
ADDIS ABABA	Ethiopia	LIMA	Peru
TEHRAN	Iran	CARACAS	Venezuela
AMMAN	Jordan	OSLO	Norway
ANKARA	Turkey	MEXICO CITY	Mexico
CARDIFF	Wales	NAIROBI	Kenya
COPENHAGEN	Denmark	WELLINGTON	New Zealand

E	C	N	A	R	F	T	D	N	A	L	T	O	C	S
U	R	X	U	E	P	E	R	U	N	A	D	R	O	J
B	A	I	S	S	U	R	S	S	Y	A	W	R	O	N
D	D	W	T	P	V	K	A	A	Q	R	N	Y	D	R
N	N	Q	R	N	R	D	E	Z	Z	A	N	O	S	P
A	A	C	A	P	O	E	N	N	P	Y	R	C	I	E
L	L	T	L	Y	A	N	O	A	Y	W	X	I	L	T
E	A	D	I	P	L	M	J	N	L	A	N	X	M	A
C	E	P	A	O	N	A	N	V	B	G	D	E	N	I
I	Z	E	R	H	A	R	T	U	S	U	N	M	A	P
T	W	S	M	D	L	K	C	I	D	E	A	E	R	O
F	E	I	N	N	I	A	P	S	G	N	L	R	I	I
S	N	A	L	E	U	Z	E	N	E	V	N	A	T	H
J	G	D	E	C	E	E	R	G	N	K	I	L	W	T
U	M	L	E	P	T	U	R	K	E	Y	F	S	V	E